The Climate Crisis and Mental Health: What Will You Do?

MSCCH Webinar
7-31-20
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Mental Health: Direct Effects

- Temperature Impacts
- Exposure to Neurotoxicants
- Air Pollution and Anxiety
- Anxiety, Mood, and Trauma Syndromes
- Impacts on children/youth
Mental Health: Indirect and Ancillary Impacts/Issues

• Denial as a societal defense mechanism
• Mass migration and other social impacts
• Positive impacts of contact with nature
• Transformational Resilience: community public health intervention
• Duty to warn
• Duty to train
• Duty to protect
Agenda for Health Professionals and Health Systems: CA²RE

• Clinical
  • Understand, prevent, and treat health and mental health impacts; participate in social cohesion, facilitating community resilience, and other public health initiatives.

• Administrative
  • Reduce carbon utilization of small practices, clinics, hospitals, and research facilities; participate in preparation and response for acute weather events and other disasters.

• Advocacy
  • Disabuse denial; disinvest in fossil fuels; develop and disseminate climate and health impact statements and calls to action; and advise policy leaders.

• Research
  • Promote projects to address key questions relating to climate and mental health.

• Education
  • Provide professional training and incorporate relevant and timely content into all health professional curricula.