

The Climate Crisis and Mental Health: What Will You Do?

MSCCH Webinar

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Mental Health: Direct Effects

- Temperature Impacts
- Exposure to Neurotoxicants
- Air Pollution and Anxiety
- Anxiety, Mood, and Trauma Syndromes
- Impacts on children/youth

Mental Health: Indirect and Ancillary Impacts/Issues

- Denial as a societal defense mechanism
- Mass migration and other social impacts
- Positive impacts of contact with nature
- Transformational Resilience: community public health intervention
- Duty to warn
- Duty to train
- Duty to protect

Agenda for Health Professionals and Health Systems: CA₂RE

- **Clinical**
 - Understand, prevent, and treat health and mental health impacts; participate in social cohesion, facilitating community resilience, and other public health initiatives.
- **Administrative**
 - Reduce carbon utilization of small practices, clinics, hospitals, and research facilities; participate in preparation and response for acute weather events and other disasters.
- **Advocacy**
 - Disabuse denial; disinvest in fossil fuels; develop and disseminate climate and health impact statements and calls to action; and advise policy leaders.
- **Research**
 - Promote projects to address key questions relating to climate and mental health.
- **Education**
 - Provide professional training and incorporate relevant and timely content into all health professional curricula.