## - Health Benefits of Climate Action -

## Clean Energy for Clean Air & Water

Weatherizing your home or apartment, and using clean energy sources such as solar, wind, and hydro power, limits pollution in our air and water. Cleaner air can **reduce asthma attacks**, does **less damage to children's lungs**, and can **improve the health** of people living near energy production sites.



## **ACTION!**

## What can I do?

Do what you can to use less energy and encourage others around you to do the same.

Find out where the energy in your home and workplace comes from. Investigate clean energy options.



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