#### **DISASTER RELIEF:**

# HOW TO BUILD HEALTHCARE RESILIENCE

Caitlin Rublee, MD, MPH
Assistant Professor of Emergency Medicine
Medical College of Wisconsin
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@CaitlinRublee



#### Louisiana hospital staff stayed behind to care for 19 babies as Hurricane Laura hit

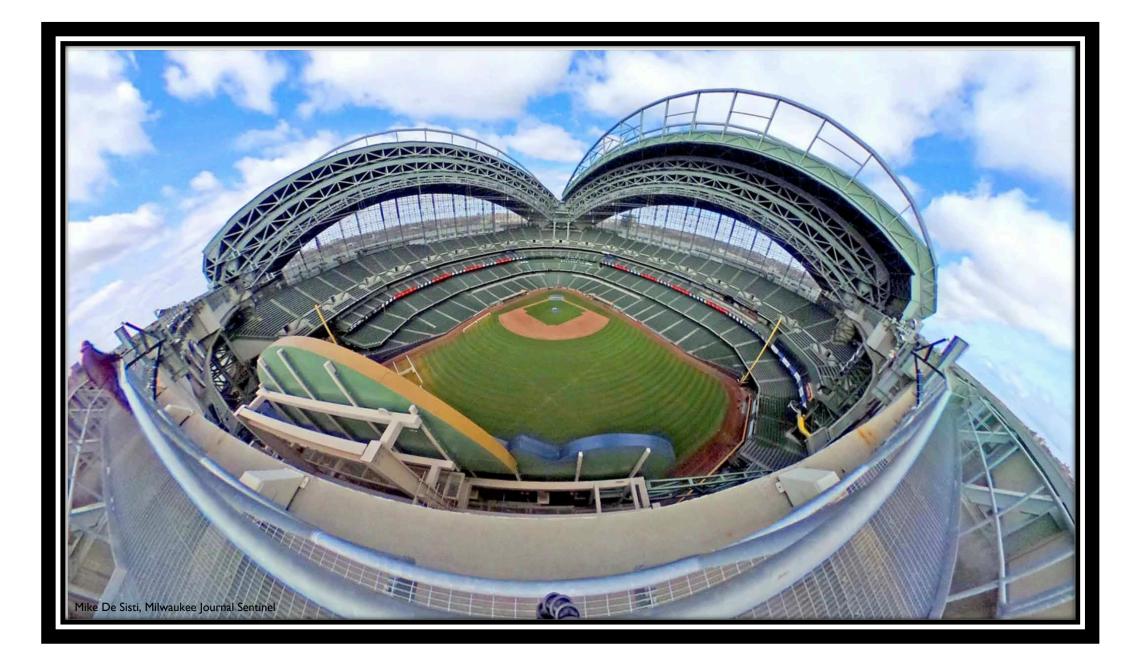


By Christina Zdanowicz, CNN

Updated 6:18 AM ET, Fri August 28, 2020



Hospital staff shelter in place as Hurricane Laura swept through Lake Charles, Louisiana.





## intergovernmental panel on climate change



Direct and insured losses from weather-related disasters have **increased** substantially

Impacts from recent climate-related extremes, such as heat waves, droughts, floods, cyclones and wildfires, reveal **significant vulnerability and exposure** (very high confidence)

Climate-related hazards exacerbate other stressors, often with **negative outcomes** for livelihoods (high confidence)

#### SPECIAL ARTICLE

### Mortality in Puerto Rico after Hurricane Maria

Nishant Kishore, M.P.H., Domingo Marqués, Ph.D., Ayesha Mahmud, Ph.D., Mathew V. Kiang, M.P.H., Irmary Rodriguez, B.A., Arlan Fuller, J.D., M.A., Peggy Ebner, B.A., Cecilia Sorensen, M.D., Fabio Racy, M.D., Jay Lemery, M.D., Leslie Maas, M.H.S., Jennifer Leaning, M.D., S.M.H., Rafael A. Irizarry, Ph.D., Satchit Balsari, M.D., M.P.H., and Caroline O. Buckee, D.Phil.

"interruption of medical care was the primary cause of sustained high mortality rates in the months after the hurricane, a finding consistent with the widely reported disruption of health systems"

Disproportionate loss of access to health services can further exacerbate health disparities.

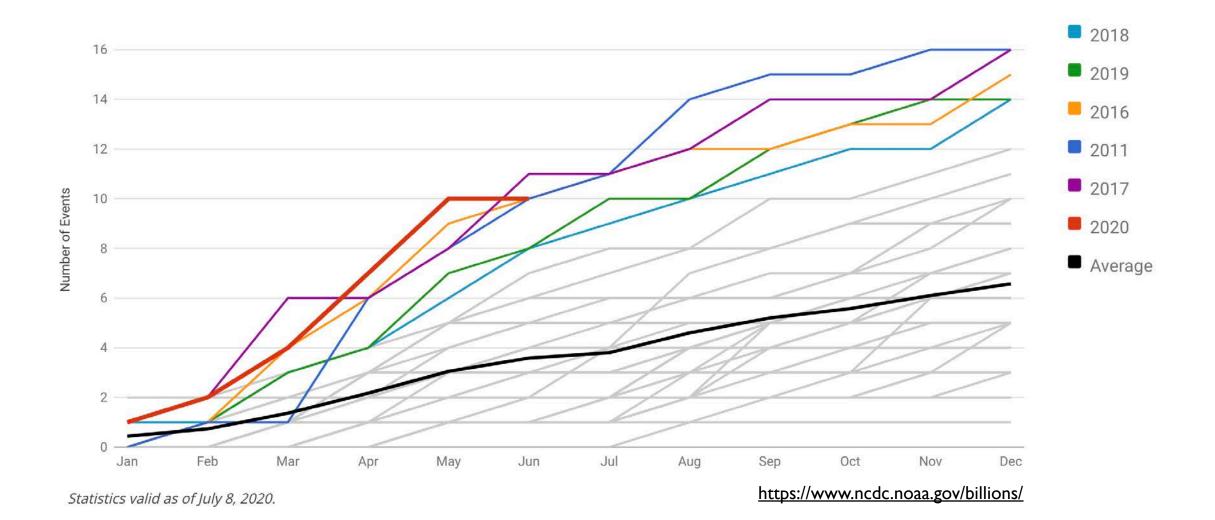
6.6 million hospital employees

~27 million uninsured in U.S.

~140 million ED visits annually

High utilizers are infants, nursing home residents, homeless, Black, and people over age 75

### 1980-2020 BILLION-DOLLAR DISASTER EVENT FREQUENCY, UNITED STATES



### CASES

### Wildfires

In 2018 58,083 wildfires and >8.7 million acres burned in the U.S.

Feather River Hospital evacuation of 280 people

### Hurricanes

1989 Hurricane Hugo

2017 Hurricane Maria hit Puerto Rico, the largest foreign producer of pharmaceuticals for the U.S. (intravenous fluids, medications, cardiac devices)

12 new shortages of sterile solutions reported in 2017



43 deaths
& 6,300
patients
evacuated from
37 healthcare
facilities during
or after the
storm



Patients were evacuated from the darkened NYU Langone Medical Center at the height of Hurricane Sandy on 29 October 2012. The hospital remained closed for two months after the storm, the emergency room even longer. Image: © Michael Heiman/Getty Images.

Providers	Impact	Building	Equipment (elevators. Imaging)	Utilities (power, water)	Heating/ cooling	Commun- ications/ IT	Staff	Supplies
Hospital	Evacuations/ closures/ reduced services	Flooded	Flooded	Back-up failed	Flooded	Phone/ internet outages	Staff couldn't travel	Limited deliveries
Nursing homes/ adult care facilities	Evacuations	Flooded	No back-up power	Back-up failed (NH) / no back- up (ACF)	No back-up	Phone/ internet outages	Staff couldn't travel	Limited deliveries
Community-based providers	Closures / reduced services	Flooded	No back-up power	No back-up	No back-up	Phone/ internet outages	Staff couldn't travel	Limited deliveries
Home-based providers	Reduced services	Disruptions in patients' homes/residences, e.g. loss of power, elevators not working				Phone/ internet outages	Staff couldn't travel	Delayed deliveries

### Tornadoes



EF5
Medical Center

200 MPH

45 seconds

Est Total Cost \$980M

Est lost revenue \$125M

6 deaths

### Extreme Heat

## 2010 Heat Wave 24 NICU admissions for heat No air conditioning in the hospital Kakkad et al. 2014

12 residents in a Florida nursing home died after Hurricane Irma shut-off power



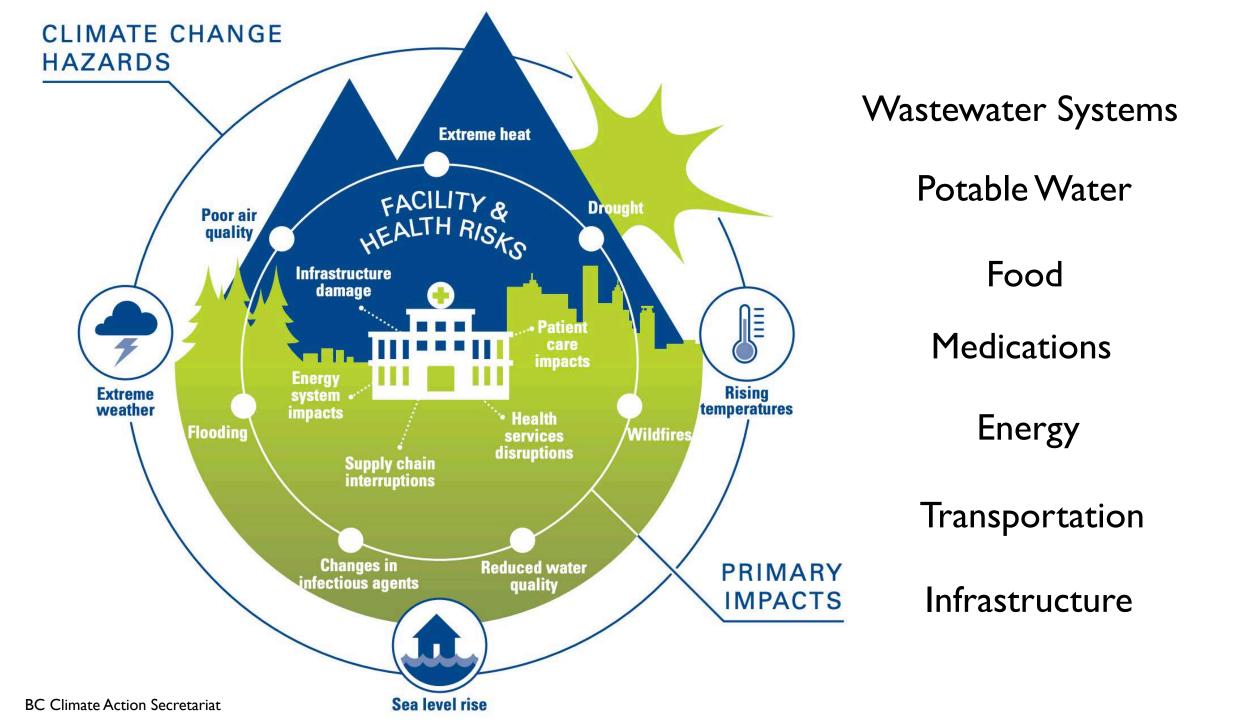
Salas et al, 2019; NOAA

### **Dust Storms**



An increase in total ICU admissions of 4.8% and respiratory admissions of 9.2% on the day of the storm

Rublee et al, 2020

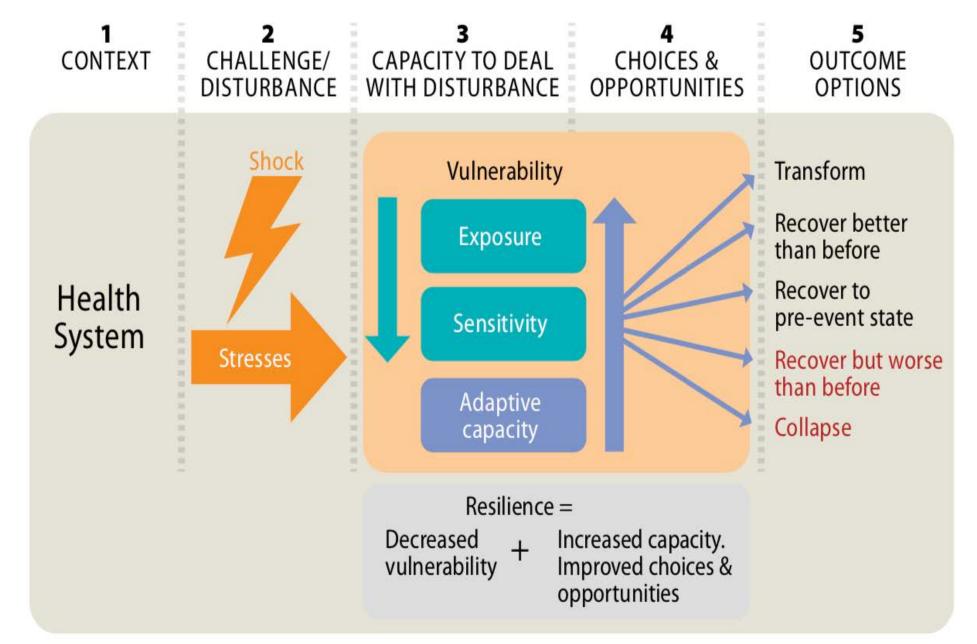


### RESILIENCE

The ability of a system and its component of parts to anticipate, absorb, accommodate, or recover from the effects of a hazardous event in a timely and efficient manner, including through ensuring the preservation, restoration, or improvement of its <u>essential basic</u> structures and functions.

### TEN COMPONENTS COMPRISING THE WHO FRAMEWORK FOR BUILDING CLIMATE-RESILIENT HEALTH CARE SYSTEMS





## HELPYOUR HEALTH CARE SYSTEM PREPARE

### OVERVIEW OF THREE RESILIENCY TOOLKITS FOR HEALTH CARE FACILITIES

Category	Health Care Facility Climate Change Resiliency Toolkit (Canada)	Sustainable and Climate Resilient Health Care Facilities Toolkit (U.S.)	PAHO SMART Hospitals Toolkit		
Type of facility	Hospitals	Hospitals, residential health care, ambulatory care, and home care	Hospitals with 200+ beds, small and medium sized facilities		
Focus resiliency areas	Emergency management, sustainability, infrastructure	Infrastructure, critical services, personnel, supply chain	Sustainability and infrastructure		
Format	Facilitator's guide, resiliency assessment checklist, resources	Best practices document, 5 element framework, checklists	Hospital Safety Index, the Green Checklist, cost benefit analysis, training aids		
Website	http://www.greenhealthcare.ca	www.toolkit.climate.gov	www.paho.org		

Modified from Balbus et al, 2016 https://envirn.org/wp-content/uploads/2017/05/Practice-WG-Article-2.pdf

### SUSTAINABLE AND CLIMATE RESILIENT HEALTH CARE FACILITIES INITIATIVE





#### UNIVERSITY OF TEXAS MEDICAL CENTER



#### Tropical Storm Allison Hurricane Harvey

#### **Hazard Mitigation Plan**

Stakeholder engagement

Installed 48-megawatt combined heat and power utility plant

Relocated their critical infrastructure and program areas above projected flood elevations

Creation of fortified flood gates

42 proactive, sustainable measures to reduce the impact of future extreme weather events

Photo Credits Nick Fang, PhD, PE

#### SPAULDING REHABILITATION HOSPITAL

Elevated ground level floor

Backup power on the roof

Reinforced infrastructure for storm surge



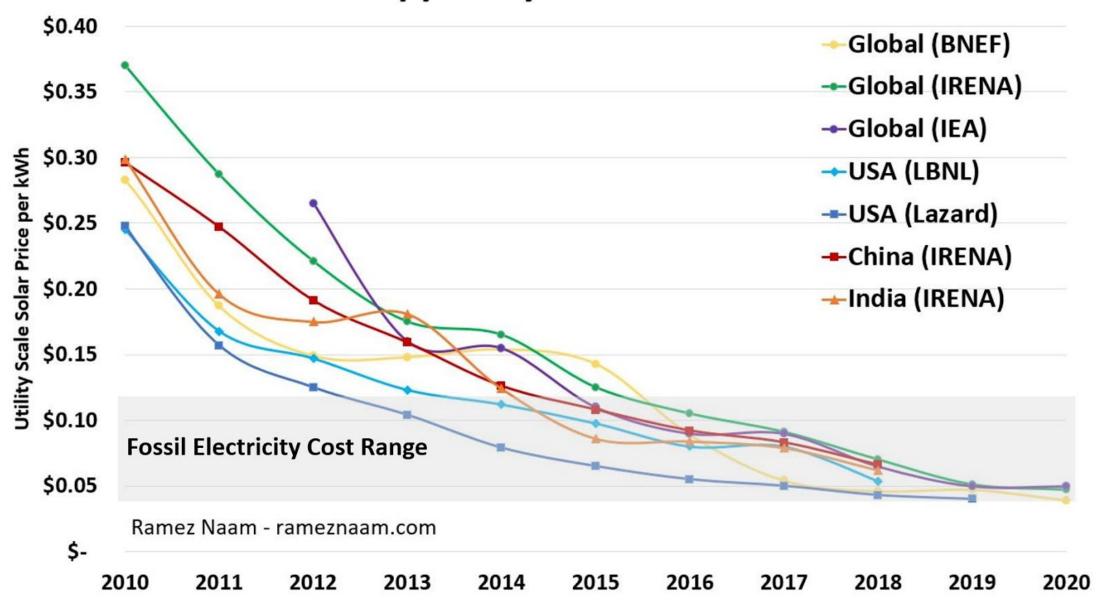
https://practicegreenhealth.org/sites/default/files/2019-03/spauldingrehabilitationcase\_study\_\_\_0.pdf

#### SAN DIEGO MEDICAL CENTER



https://www.swinertonrenewable.com/projects/kaiser-permanente-san-diego-medical-center-solar

#### Solar Costs Dropped by a Factor of 5 Since 2010



#### NICKLAUS CHILDREN'S HOSPITAL



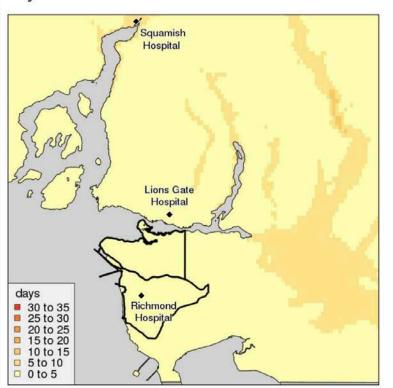
Updated exterior to withstand a hurricane Category 4 force winds

https://www.fema.gov/sites/default/files/2020-07/fema bric session-4 community-lifelines.pdf

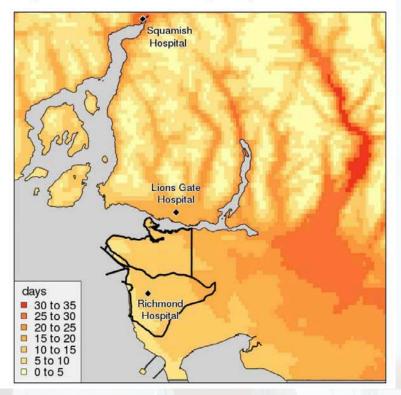
#### VANCOUVER COASTAL HEALTH

### "New Climate Reality"

Days Above 30°C - Past



Days Above 30°C - Future (2050)



Employee trainings

A lifecycle cost analysis

Emissions

Design standards

#### SMART HOSPITALS TOOLKIT

- Hospital Safety Index
- Green Checklist
- Cost Benefit Analysis
- Training Aids



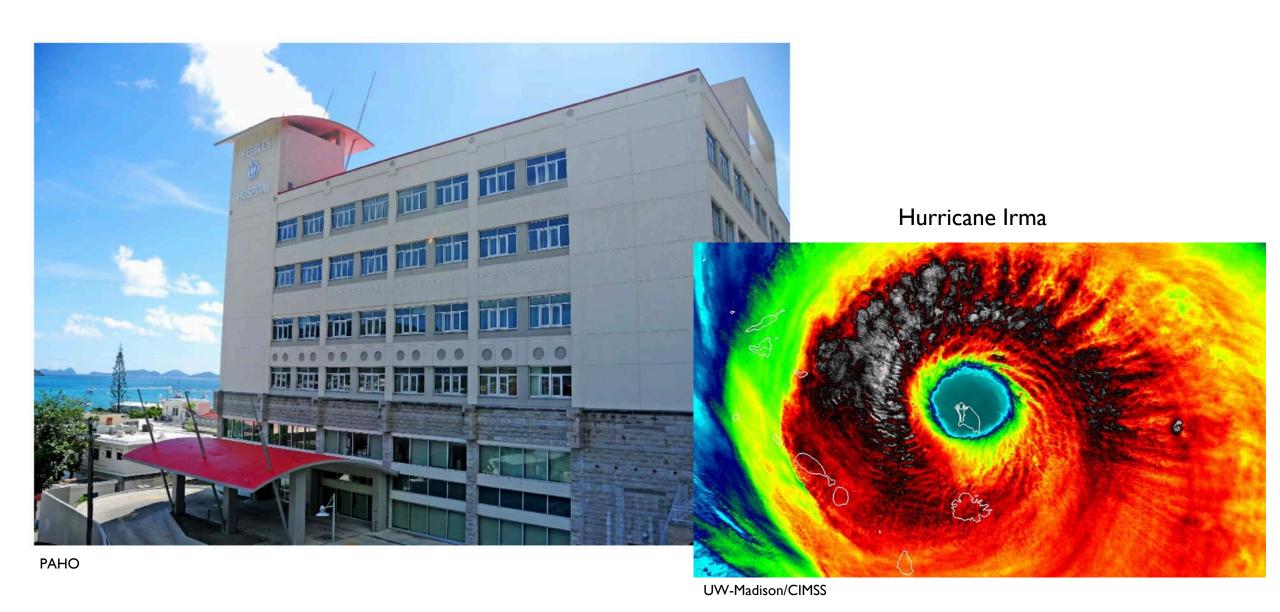
**SMART HOSPITALS TOOLKIT** 

### GEORGETOWN HOSPITAL IN SAINT VINCENT AND THE GRENADINES

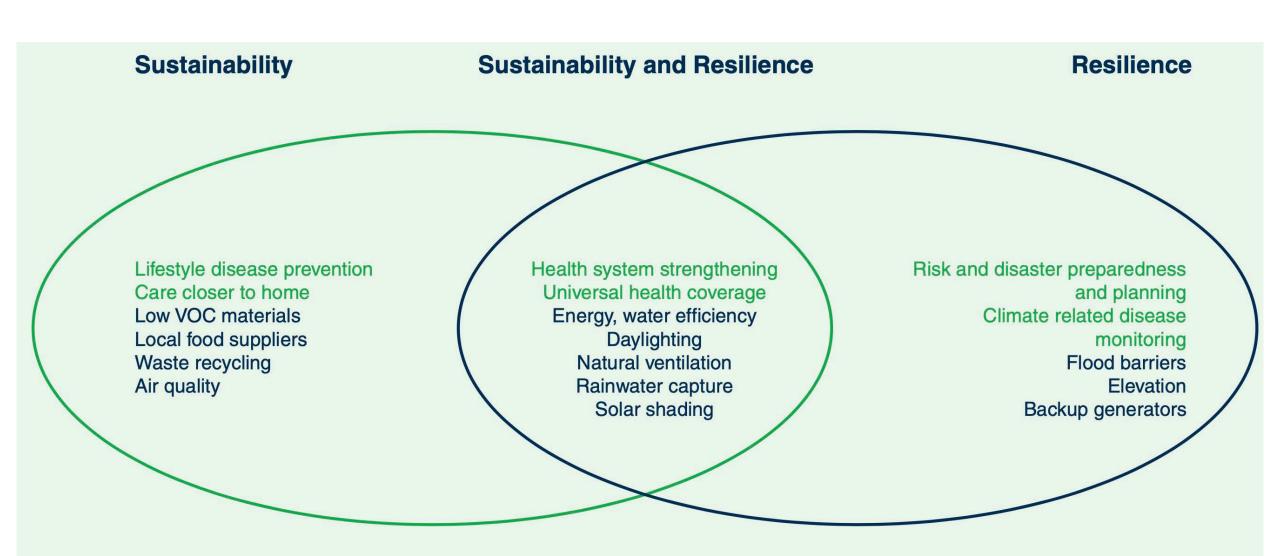


58% reduction in electrical consumption following the update

#### PEEBLES HOSPITAL IN THE BRITISH VIRGIN ISLANDS



#### CLIMATE-SMART HEALTHCARE



Source: Health Care Without Harm/World Bank.

### HELPYOUR PATIENTS PLAN

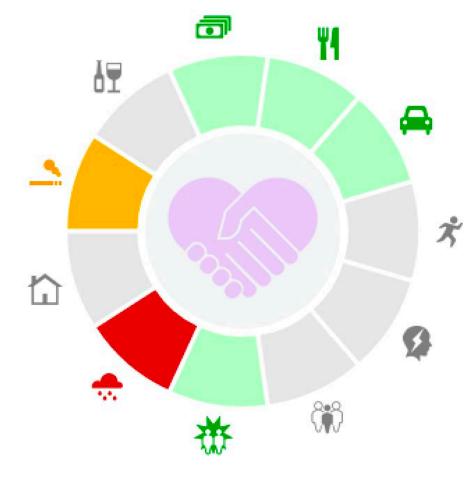




ready.gov



♥ Social Determinants of Health ₹



Address vulnerabilities

Rx on the Run, healthcareready.org

#### SUMMARY

- Preparedness + Response
- Choose to transform & recover better than before
- We need you! Toolkits need to be utilized to keep our own arenas operational

Health care facility resilience is community resilience.