Indigenous Health and Climate Change



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Indigenous Health and Climate Change

The Medical Society Consortium on Climate & Health Annual Meeting February 2024





Overview

- o Introduction
- o Indigenous health and climate change
- o Doctoral research



Nganyundi miimiga baabaga barrmarrany











Nganyundi miimiga baabaga barrmarrany









Mrs. LILY KINA Native Missionary, Barambah.









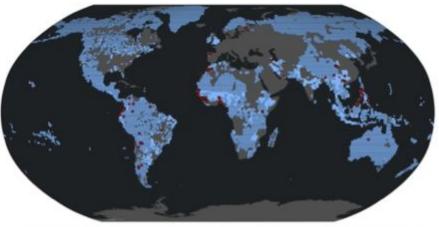
- The life expectancy gap between Indigenous and non-Indigenous males is **8.6** years, for females it's **7.8** years
- The rate of disease burden among Indigenous Australians is more than double that of non-Indigenous Australians, at 2.3
- For Indigenous Australians, leading causes of avoidable deaths include:
 - coronary heart disease 21%
 - diabetes 12%
 - suicide and self-inflicted injuries **11%**
 - chronic obstructive pulmonary disease 8.8%
 - cancer 8%
- The age-standardised death rate is consistently higher for Indigenous Australians than non-Indigenous Australians for:
 - coronary heart disease; 26% of the gap in avoidable mortality
 - diabetes; 18% of the gap
 - chronic obstructive pulmonary disease; 13% of the





- There are 250 Indigenous nations and languages, with 800 dialects
- Aboriginal and Torres Strait Islander peoples represent 3.8% of the total population
- Our Elders make up 5.4% of the total Indigenous population
- o The median age is 24
- In 2016, the total area of land in the Indigenous estate was 57%, comprising of 4.38 million km²





The extent of Indigenous peoples' and local communities' lands overlaid with potential ICCAs, scaled up to 1-degree grid cells to obscure boundaries

- Indigenous peoples' and local communities' lands
- Potential ICCAs
- Known ICCAs

- Indigenous peoples represent 6.2% of the global population, at 476 million people
- Indigenous languages consist of 57% of the world's total languages
- In 2021, the total area of land in the global Indigenous estate was 32%, comprising of 43 million km²
- 81% of these lands, or 35.4 million km², remain in good to moderate ecological condition, accounting for 39% of the Earth's most ecologically intact lands
- Globally, Indigenous peoples protect and steward an estimated 80-95% of the Earth's remaining biodiversity

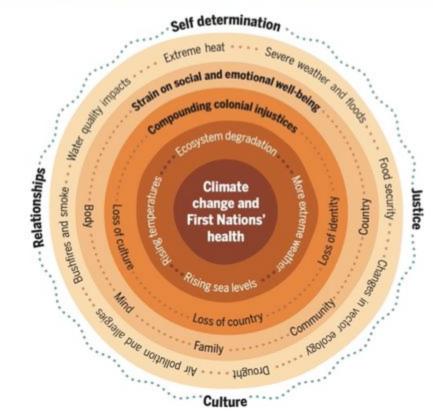
New estimates suggest that Indigenous peoples and local communities conserve at least a fifth of all land on Earth. | The UN Environment Programme World Conservation Monitoring Centre/ICCA Consortium











Severe weather and floods

Injuries and fatalities, loss of homes, indoor mold

Drought

Water access, dust storms, bushfire risk

Extreme heat

Heat-related illness and death, cardiovascular failure

Bushfires

Injuries and fatalities, loss of homes, cardiovascular and respiratory issues

Air quality

Asthma and allergies, cardiovascular and respiratory issues

Changes in vector ecology

 Ross River virus, Japanese encephalitis virus, Dengue fever, tuberculosis, melioidosis

Food safety and security

 Malnutrition, food insecurity, higher food prices, foodborne illnesses



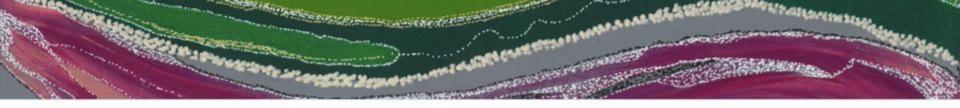


Sustainable Sovereignty:

Looking at relationship between the health of wajaarr (Country) and waarru-biin (people), and its contribution towards environmental, climate, and health solutions.



Country, Climate, and First Nations Health | 12.02.2024



Purpose of the study

- Reposition Country as health
- Building an evidence-base for my Countries & communities
- o Advocating for First Nations Knowledges within the environmental, climate, and health spaces



Mid-North Coast of New South Wales

- o Gumbaynggirr
- o Dunghutti
- o Bundjalung

Southeast-Queensland

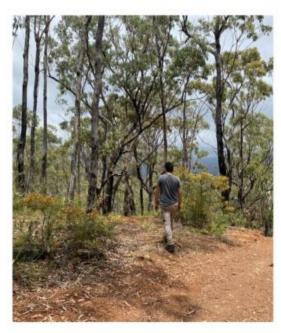
- Wakka Wakka
- o Kabi Kabi
- o Jinibara





Knowledge Holder walking through Gumbaynggirr wajaarr to make cultural tools Elder sitting on Dunghutti Country

Ranger holding a Bunya nut on Wakka Wakka Country









Phase 1: Conceptual Framework

Phase 2: Measurement Approach

Phase 3: Policy Application

What is the <u>relationship</u> between the health of Country and community? What are the <u>indicators</u> of the health of Country and community? How can environmental, climate, and health solutions **preface** this relationship, and Indigenous peoples' rights?



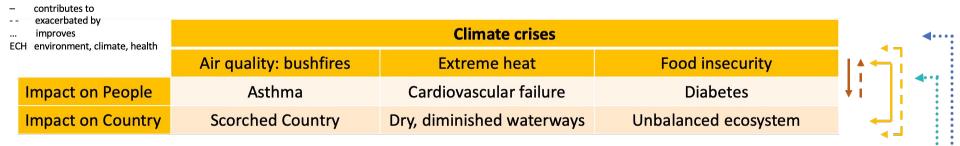






Phase 2: Measurement Approach





Indigenous cultural practices	Cultural burning	Restoring the identity of Country: planting the right trees	Restoring and reshaping food economies
ECH impact	Reduced air pollution	Shade and cooling	Increased and equitable access to nutritious foods
Broader ECH impact	Reduced emissions, increased carbon sequestration, increased biodiversity	Increased carbon sequestration, increased biodiversity	Reduced emissions, increased biodiversity

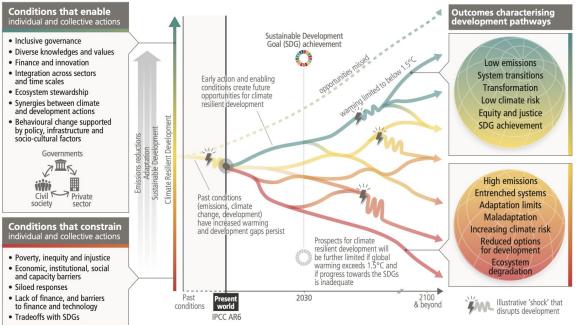
Country, Climate, and First Nations Health | 12.02.2024

Phase 3: Policy Application



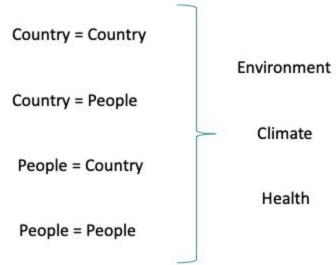
There is a rapidly narrowing window of opportunity to enable climate resilient development

Multiple interacting choices and actions can shift development pathways towards sustainability



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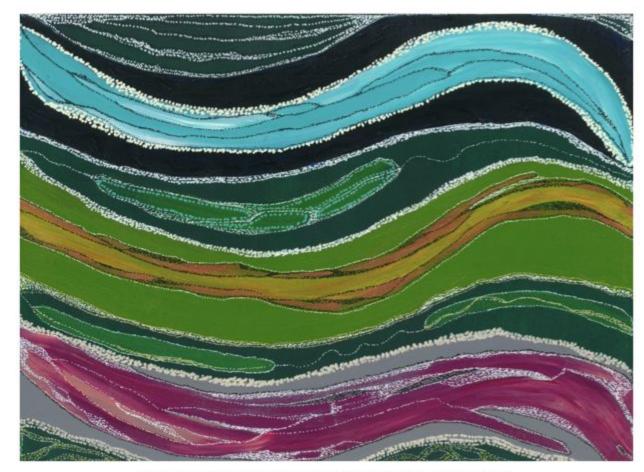


Key take aways for the broader health community:

- The climate crisis is a health crisis, but fundamentally it's a human and land rights crisis
- Preface Indigenous human and land rights as solutions to the climate crises
- Advocate for our rights
- Work with us hear our stories and help reshape the future that recenters our relationship to Country







Josie Rose, 'Heal Country, Heal Climate', oil on canvas, 2021.

Darrundang

Thank you

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- United Nations Environment Programme World Conservation Monitoring Centre and ICCA Consortium. (2021). A global spatial analysis of the estimated extent of territories and areas conserved by Indigenous peoples and local communities, Territories of Life: 2021 Report. https://report.territoriesoffife.org/wp-content/uploads/2021/09/ICCA-Territories-of-Life-2021-Report-FULL-150dpi-ENG.pdf
- World Economic Forum Deloitte. (2023). Embedding Indigenous knowledge in the conservation and restoration of landscapes. <u>https://www3.weforum.org/docs/WEF_Embedding_Indigenous_Knowledge_2023.pdf</u>

CLIMATE CHANGE & INDIGENOUS YOUTH HEALTH

VICTOR CARMEN, B.S., MPH MS4, HARVARD MEDICAL SCHOOL CLIMATE & HEALTH EQUITY FELLOW HUNKPATI DAKOTA & YAQUI TWITTER: @VLOCARMEN

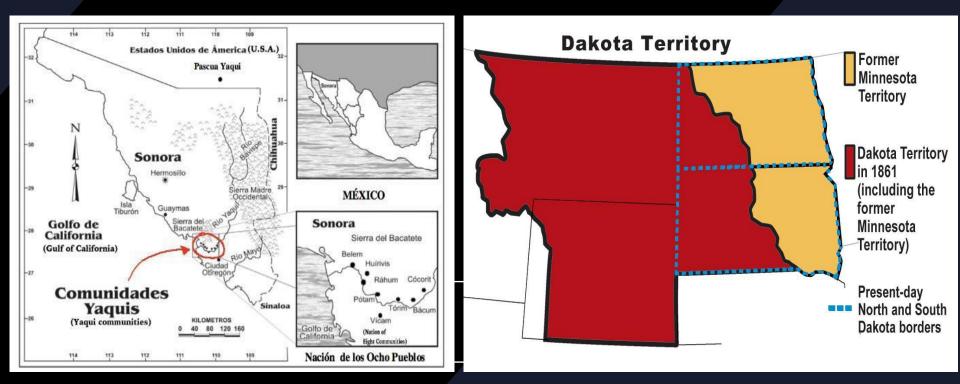
Faculty/Presenter Disclosure

- In the past 24 months, I have no relevant financial relationships with the manufacturer(s) of commercial services discussed in this CME activity
- I do not intend to discuss an unapproved/investigative use of a commercial product/device in my presentation.
- Permission was granted for use of all photographs

First, a little about me!



LANDS OF THE YAQUI & DAKOTA NATIONS





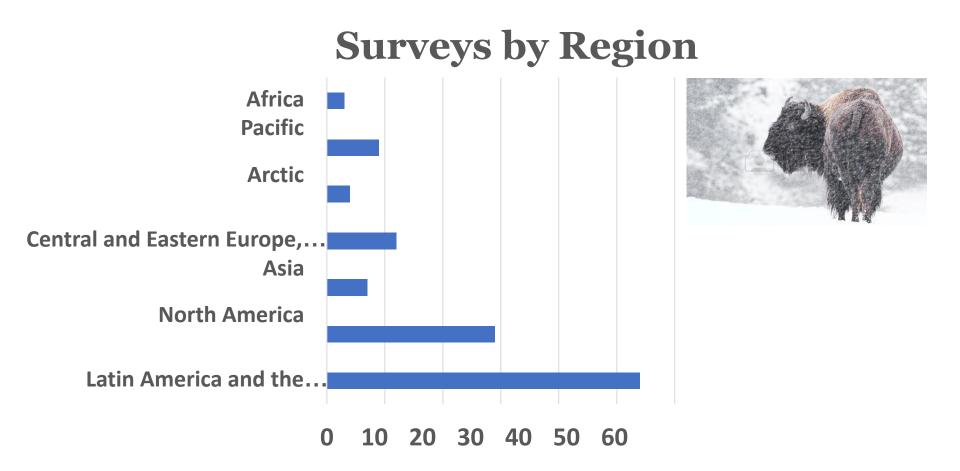
- In 2019, the ILO estimated that there 476.6 million Indigenous persons in the world, 6.2 % of the total global population.
- The United Nations also estimates that 80% of the world's remaining biological diversity is on the lands of Indigenous Peoples.



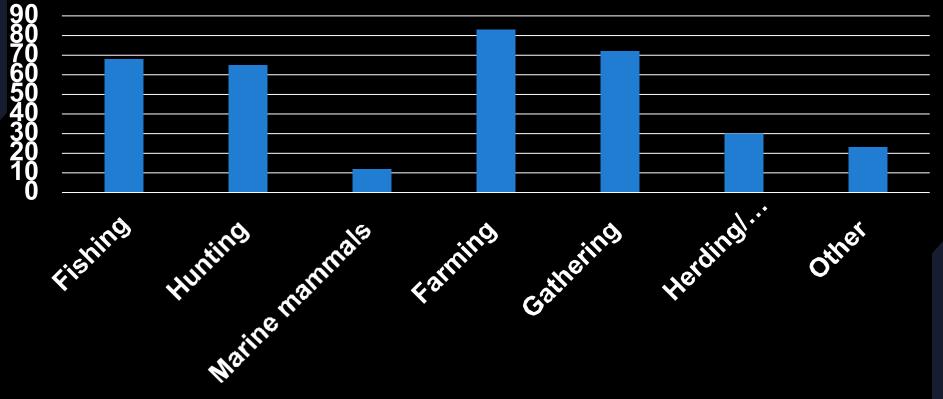
Ensuring the Climate Resiliency of Indigenous Peoples' Food Systems: Global Survey Results Disseminated and compiled by the International Indian Treaty Council

- Total Surveys Received: 118 28 Countries from 7 Regions
- Languages: Russian, English, Spanish, French, Portuguese Indigenous Peoples/Nations represented: 134 Indigenous Individuals reported to be represented: 3,648,663





What is the traditional means of subsistence for your community/ tribe/ nation/ peoples?

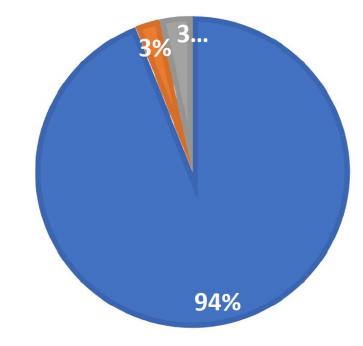


Preliminary Report on the Indigenous Peoples Global Consultation for the UN Food Systems Summit "Ensuring the Resiliency of Indigenous Peoples' Food Systems",

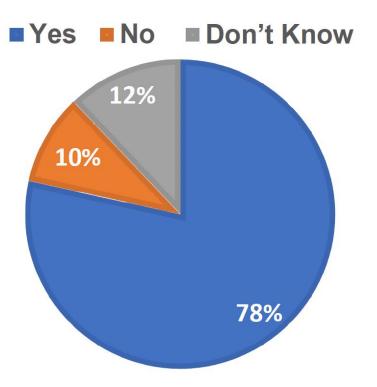
HAS YOUR COMMUNITY/TRIBE/NATION/PEOPLES EXPERIENCED ONE OR MORE CLIMATE CRISIS SITUATIONS THAT HAVE IMPACTED YOUR FOOD SYSTEMS AND TRADITIONAL LIVELIHOODS (PRODUCTION, DISTRIBUTION, MARKETING/TRADE, PREPARATION?



■Yes ■No ■Don't Know

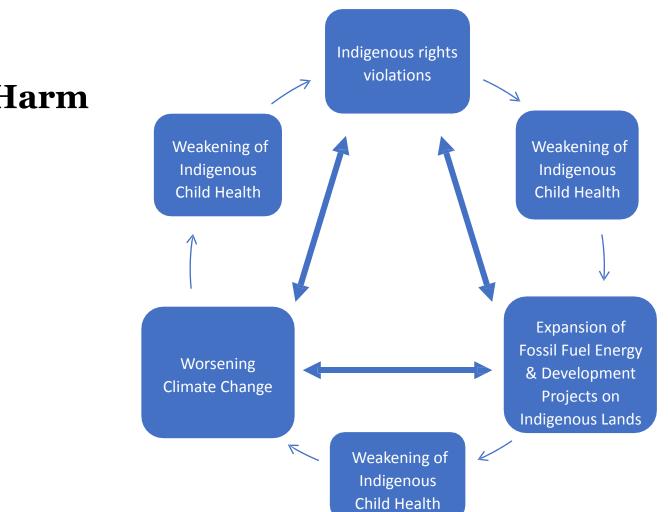


HAVE YOUR FOOD SYSTEMS AND FOOD RELATED PRACTICES BEEN IMPACTED BY HUMAN RIGHTS VIOLATIONS THAT YOUR COMMUNITY/TRIBE/NATION/PEOPLES HAVE EXPERIENCED?



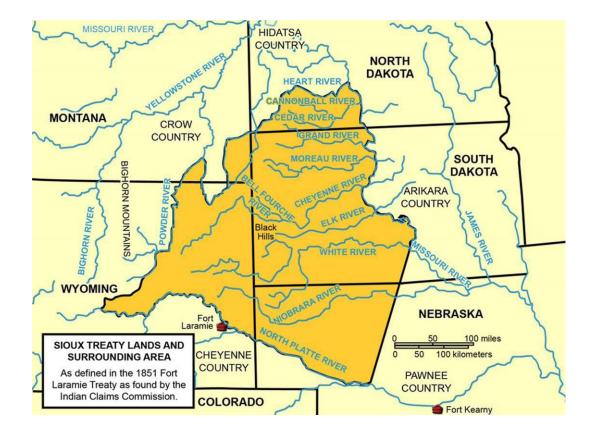


Aqueduct from Oviachi dam diverting Rio Yaqui fresh water from Yaqui farmers and communities to large-scale growers in Ciudad Obregon, Sonora Mexico



A Cycle of Harm

Example of the Cycle: Oceti Sakowin



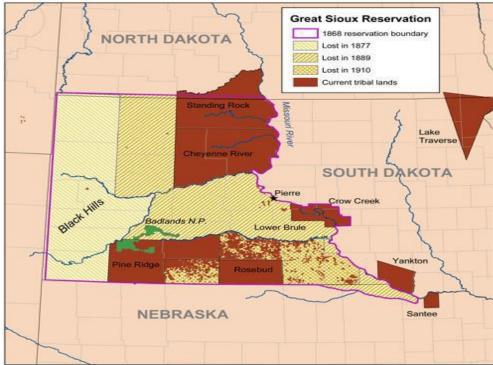
Treaty Rights



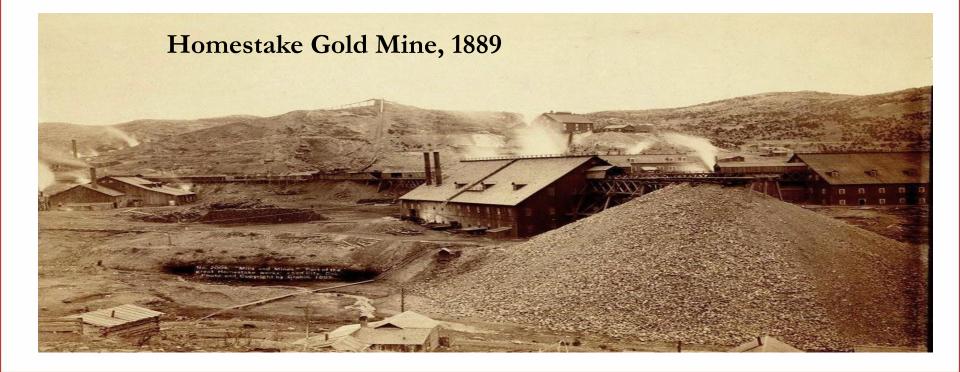
FORT LARAMIE TREATY, APRIL 29, 1868

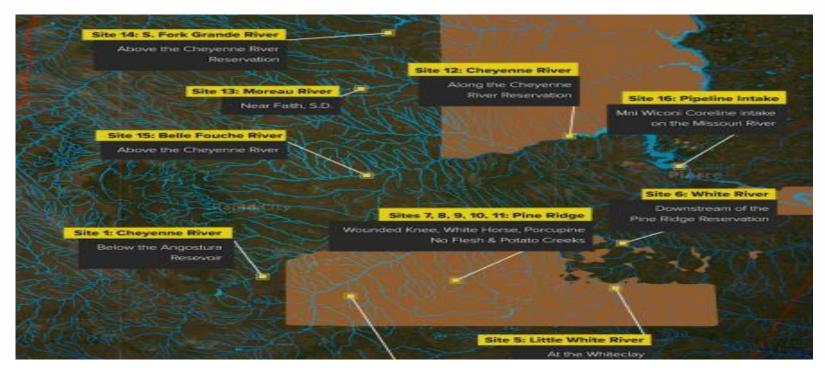
ARTICLE 16. The United States hereby agrees and stipulates that the country north of the North Platte River and east of the summits of the Big Horn Mountains shall be held and considered to be unceded Indian territory, and also stipulates and agrees that no white person or persons shall be permitted to settle upon or occupy any portion of the same; or **without the consent of the Indians first had and obtained**, to pass through the same; --- TREATY WITH THE SIOUX -- BRULÉ, OGLALA, MINICONJOU, YANKTONAI, HUNKPAPA, BLACKFEET, CUTHEAD, TWO KETTLE, SANS ARCS, AND SANTEE-- AND ARAPAHO 15 Stat., 635. Ratified, Feb. 16, 1869. Proclaimed, Feb. 24, 1869

Violation of Treaty Rights: Loss of Land



Development on our Land: The Homestake Gold Mine operated in the Black Hills from 1886 – 2002, the largest and deepest gold mine in North America





Continued environmental desecration of Treaty Lands via energy and resource development



"Law enforcement officials, private security firms and the North Dakota National Guard have used unjustified force to deal with opponents of the Dakota Access pipeline"

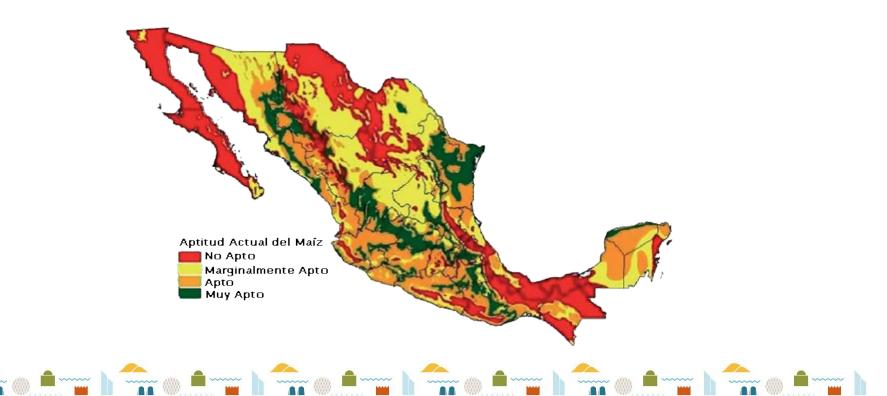
-- Maina Kiai, UN Special Rapporteur on the rights to freedom of peaceful assembly and association, UN Press Release December 15, 2016



"Eleven women and girls who were raped, gang-raped or violently molested in the Papua New Guinea Highlands have reached an out-of-court settlement with [Canadian mining company Barrick Gold], having refused to accept the "insulting" compensation paid to 120 fellow victims...**The Porgera** community says security guards and mobile police at the mine have raped more than 200 women and girls over the past two decades ... " -- Sydney Morning Herald, April 4,2015

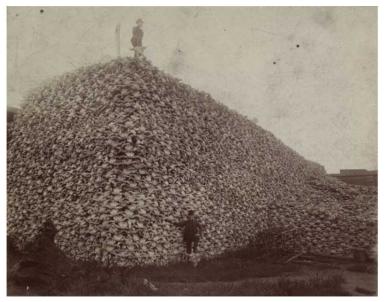
Mexico: Changing weather patterns including dramatic decreases in summer rainfall are directly impacting the growing capacity of traditionally important crops such as corn in many regions

19)



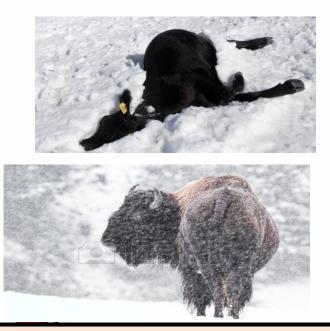
Violation of our Rights: U.S. Policy of Buffalo Extermination

• "Let them kill, skin, and sell, until the buffalo is exterminated. **It is the only way to bring a lasting peace and allow civilization to advance**." – U.S. General Phil Sheridan, 1875



Date	Number of Bison
< 1800	60 million
1830	40 million
1840	35,650,000
1870	5,500,000
1880	395,000
1889	541
1900	300
1944-47	5,000
2016	400,000

Buffalo Role in Preventing, Mitigating & Adapting to Climate Change



- Buffalo support Native grasses which prevent soil erosion
- Lower "carbon footprint" than cows
- Envisioned basis for Tribal Nations' food sovereignty, health, & cultural survival

In October 2015, 100,000 cattle died in an early blizzard in South Dakota.

No buffalo deaths were reported!

A Story: Indigenous Rights, Food Systems, CC & Health Disparities

Traditional foods & systems protect against developing T2DM in AI communities

Colonization attacked traditional food systems & replaced them with commodity foods -> nutrition food deserts & higher GDM + T2DM

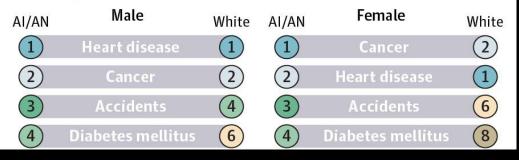
Climate change has gone hand in hand with colonization (e.g. mass killing of buffalo, mining + drilling on Indigenous lands) and exacerbates the food insecurity & health impacts like T2DM via draughts, pollution, soil degradation.

⁾ Huttlinger, K. W. (1995). A Navajo perspective of diabetes. Family and Community Health, 18(2), 9–16. http://www.jstor.org/stable/44953615

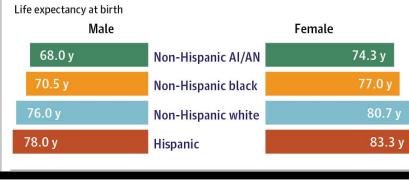
^{2) 2)} Sharon Levy, To Combat Diabetes, Native Peoples Rediscover Traditional Plants: Ethnobotanists partner with indigenous communities, *BioScience*, Volume 69, Issue

^{9,} September 2019, Pages 689–696, <u>https://doi.org/10.1093/biosci/biz081</u>

Leading Causes of Death, 1999-2009 Regardless of sex, AI/ANs were more likely to die of diabetes, chronic liver disease, accidents, and suicide than whites.

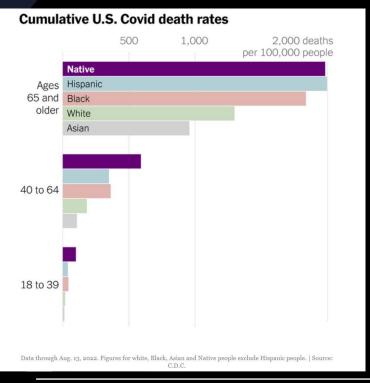


Life Expectancy at Birth The non-Hispanic AI/AN population in CHSDA counties, 2007-2009, had the lowest life expectancy compared with other US racial/ethnic groups, 2008.

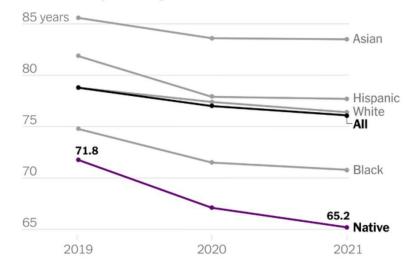


Sancar F, Abbasi J, Bucher K. Mortality Among American Indians and Alaska Natives. JAMA. 2018;319(2):112.

"Among them: Native Americans have some of the highest rates of health conditions, such as obesity and diabetes, that make a person much more likely to die from Covid." – NYT







Figures for white, Black, Asian and Native people exclude Hispanic people. | Source: The National Center for Health Statistics

https://www.nytimes.com/2022/09/08/briefing/covid-death-toll-native-americans.html

The United Nations General Assembly Adopts the UN Declaration on the Rights of Indigenous Peoples September 13th, 2007



"The rights recognized herein constitute the minimum standards for the survival, dignity and wellbeing of the **Indigenous Peoples** of the world." Article 43

UN Bodies, Agencies and States SHALL promote, respect and fully apply the UN Declaration

"The United Nations, its bodies, including the Permanent Forum on Indigenous Issues, and specialized agencies, including at the country level, and States shall promote respect for and full application of the provisions of this Declaration and follow up the effectiveness of this Declaration." -- Article 42





The Declaration is the <u>"Minimum Standard"</u>

 "The rights recognized herein constitute the minimum standards for the survival, dignity and well-being of the Indigenous Peoples of the world."

--Article 43



Indigenous peoples have the right to the conservation and protection of the environment and the productive capacity of their lands or territories and resources...

> -- Article 29, para. 1, UN Declaration on the Rights of Indigenous Peoples

Right to Health and to Traditional Health-Related Practices

"Indigenous peoples have the right to their traditional medicines and to maintain their health practices, including the conservation of their vital medicinal plants, animals and minerals..." ----UNDRIP Article 24

UNDRIP Article 30

- Military activities shall not take place in the lands or territories of indigenous peoples, unless justified by a relevant public interest <u>or</u> otherwise freely agreed with or requested by the indigenous peoples concerned.
- 2. States shall undertake effective consultations with the indigenous peoples concerned, through appropriate procedures and **in particular through their representative institutions**, prior to using their lands or territories for military activities.



Article 32: FPIC and Development



"States shall consult and cooperate in good faith with the indigenous peoples concerned through their own representative institutions <u>in order to obtain their free and informed consent prior</u> to the approval of any project affecting their lands or territories and other resources..."

Violence Against Indigenous Women and Children, Article 22



2. States shall take measures, in conjunction with indigenous peoples, to ensure that indigenous women and children enjoy the full protection and guarantees against all forms of violence and discrimination.

Rights of Indigenous Peoples were recognized in the Paris Agreement

"Acknowledging that climate change is a common concern of humankind, Parties should, when taking action to address climate change, **respect**, **promote and consider their respective obligations on human rights**, **the right to health**, <u>the rights of indigenous peoples</u>, local communities, migrants, children, persons with disabilities and people in vulnerable situations..."

-- Preamble, the Paris Agreement, adopted by consensus December 12, 2015 to go into force in 2020

THANK YOU!

Additional References:

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- -Jaakkola, J. J., Juntunen, S., & Näkkäläjärvi, K. (2018). The holistic effects of climate change on the culture, well-being, and health of the Saami, the only indigenous people in the European Union. *Current environmental health reports*, *5*(4), 401-417.
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